

**PRESS RELEASE:**

With the success of both the British men's and women's cycling teams at the 2008 Olympic Games, and the World Championships, the sport of cycling has come to the attention of the public.

However, few are probably aware that 50 years earlier a Yorkshire woman, Beryl Burton, was already winning the Women's World Road and Pursuit Championships for Britain and setting records in the National Women's Time Trial Championships. She continued to win Championships for another 30 years.

With the renewed national interest in cycling the time is right for Beryl's autobiography "Personal Best" to be re-issued so that her outstanding story and achievements can be made available to a new audience.

**Book Details:**

**Title: "Personal Best" The autobiography of Beryl Burton.**

**ISBN: 978 1903088 47 0**

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**Pages: 182 (including pictures)**

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